

Portsmouth and SE Hampshire Samaritans

Area covered: Whole of Hampshire

We offer 24/7 Emotional Support to anyone who may be distressed, in despair or even suicidal. Our volunteers provide a totally confidential and non judgemental listening service. We do not give advice or tell people what to do. We just give them the time and space to talk about their feelings so they can think things out and hopefully find a way through for themselves.

WHO ARE OUR SERVICES FOR

Anyone in distress

WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider; Anyone who may know someone who might benefit from our service.

WE ARE OPEN

Monday to Sunday	24 hours
------------------	----------

	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	023 9267 1313	Phone
Email	Portsmouth@samaritans.org	Email
Website	www.samaritans.org/portsmouth	
Address	296 London Road, North End, Portsmouth. PO2 9JN	

OTHER USEFUL INFORMATION

We have a leaflet available regarding our Third Party Referral System.

December 2014