

Timebanking UK

Area covered: Whole of Hampshire

Timebanking UK is the only national umbrella charity linking and supporting time banks across the country by providing inspiration, guidance and practical help. Time banks link people locally to share their time and skills. Everyone's time is equal: one hour of your time earns you one time credit to spend when you need.

There are over 35,000 people sharing their skills among the member time banks of Timebanking UK and they have generated over 2.3 million hours of mutual support. There are new time banks being set up every week. With the twin drivers of the need for more self-reliance caused by the public deficit crisis and the current government's commitment to hand more power and responsibility to local communities and citizens, the political climate could not be more supportive for time banking.

WHO ARE OUR SERVICES FOR

Every person in the community who might be interested.

WHO CAN REFER TO OUR SERVICE

Self referral: GPs and Health Care Providers; Adult Services;

WE ARE OPEN

Monday to Friday

9am – 5 pm

	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	01453 750952 or 02393 079513	
Email	info@timebanking.co.uk	Email
Website	www.timebanking.org	

December 2014