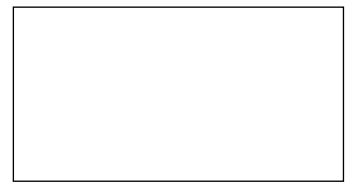


# Off The Record



**Area covered:** All of SEH CCG area

Free Confidential Counselling, Support and Information for young people in the South East Hants, including Havant Young Carers Project.

## WHO ARE OUR SERVICES FOR

Young people aged 11 - 25

## WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider; who is connected with a young person in our age range.

## WE ARE OPEN

Monday-Wednesday	3-9pm
Thursday-Friday	1-3pm

	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
<b>Phone</b>	02392 785999	Phone
<b>Email</b>	<a href="mailto:admin@off-the-record.org.uk">admin@off-the-record.org.uk</a>	
<b>Website</b>	<a href="http://www.off-the-record.org.uk">www.off-the-record.org.uk</a>	
<b>Address</b>	138 Purbrook Way, Leigh Park Havant Hants	Drop-in