

NCT

Area covered: Whole of Hampshire

Our vision is a world in which parents are valued and supported to build a strong society, believing that a child's early years significantly impact upon the future they help to shape. Our charitable purpose. We offer information and support in pregnancy, birth and early parenthood. We campaign to improve maternity care and ensure better services and facilities for new parents. We aim to give every parent the chance to make informed choices. We want to make sure that everyone has access to our services and activities. Our Services: Courses - NCT antenatal courses help mums and dads to be work out how to approach labour, practice birthing positions and breathing, as well as parenting skills. Our postnatal courses aim to help you feel more confident and supported in your new life as a parent Breastfeeding support - our breastfeeding counsellors are available to support local parents on the phone, by email, in their homes or at various breastfeeding support groups. Bumps & Babies groups - each NCT branch works a little differently but all provide some form of drop-in group for parents to bring their babies and/or toddlers for a cuppa and chat.

WHO ARE OUR SERVICES FOR

All families with Children from pregnancy to 2 years old, or the first 1000 days.

WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider

WE ARE OPEN

Monday to Sunday	Our Breastfeeding helpline is available 8am-midnight every day, all year long. Our antenatal courses can be booked online at any time. Our bumps & babies groups are on most days of the week depending on locality.
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	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	0300 300 0700	Phone
Email	enquiries@nct.org.uk	Email
Website	www.nct.org.uk	Website
Address	Alexandra Terrace, Oldham St, London, W3 6NH	
Other	For Antenatal, Postnatal ad Introducing Solids course contact Erika on bookings4r@nct.org.uk	

OTHER USEFUL INFORMATION

To find local breastfeeding counsellors please use the helpline number 0300 300 0700. Alternatively contact the local NCT branch by going to www.nct.org.uk/branches where you will find individual listings for services in your area.

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