

# Motor Neurone Disease Association Portsmouth and South East Hants Group

**Area covered:** Whole of Hampshire

Locally, we provide support and information for people affected by MND. We have trained Association Visitors who can offer confidential support on a one to one basis and through a group setting. The national charity is a tremendous resource for health care professionals and produce peer reviewed, evidence based information which can be easily accessed via the website [www.mndassociation.org](http://www.mndassociation.org). The recent 'Red flags' collaboration with the RCGPs is an example of this.

## WHO ARE OUR SERVICES FOR

Everyone affected by MND

## WHO CAN REFER TO OUR SERVICE

Self referral; GPs and Health Care Providers; Adult Services; Community Provider

## WE ARE OPEN

Monday to Sunday	Volunteer run support and helpline 9am -10pm
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	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
<b>Phone</b>	08457 626262	Phone
<b>Email</b>	<a href="mailto:mndconnect@mndassociation.org">mndconnect@mndassociation.org</a>	Email
<b>Website</b>	<a href="http://www.mndassociation.org">www.mndassociation.org</a>	Website
<b>Address</b>	David Niven House, 10-15 Notre Dame Mews, Northampton. NN1 2BG	Post

## OTHER USEFUL INFORMATION

With permission from the person, you are able to refer someone affected by MND. This may be a family member or the person themselves. On our website, there is a wealth of information to increase your knowledge about MND and help you to help people with the often complex problems that occur. There is a Regional Care Development Adviser who can help with individual issues and provide educational opportunities in localities and trained local volunteers, Association Visitors.

December 2014