

## THE HORNDEAN PATIENT PARTICIPATION GROUP ON THE 6<sup>TH</sup> JUNE 2018

### Apologies

#### Present

##### Surgery Update

Jean reported on two items, the first about GDPR (General Data Protection Regulations). This is making us look at the procedure for Medical and Health issues. There may be a few changes and the Staff will need some training.

The second item is that we are recruiting for Admin Staff as the Practice list is growing, the Clinical Staff has increased but not the Admin Staff. We are hoping to have another “body” first thing in the morning. We have a great team and hopefully it will help to get through.

Mark added that sadly our Senior Trainee has to move on as we are only allowed to have one Trainee Doctor at the moment. There is nothing we can do until we are in our new premises.

##### New Surgery Update

Mark said that legally everything ready to go but Linden Homes cannot find the Building Certificate! Once this has been found we can go.

Derek agreed to contact Guy Shepherd for an update.

##### Update on the Evergreens Social Club

Brendan gave his apologies for not being able to attend. Brendan gave us the new programme of activities for June – August 2018. He is pleased to say that they have increased the Evergreens social afternoons to once a week instead of once a month. The “Evergreens Companion” costing £2.50 consists of lunch (currently soup or quiche & side salad) followed by an afternoon of activities that clients can dip in and out of, and tea and biscuits are provided.

We’ve developed Evergreens further and are now taking it ‘**on the road**’ in Horndean. We currently meet twice a month at Causeway Farm and it’s been brilliantly received! This has proved to be a great example of breaking the cycle of increased isolation. We have visited twice with attendances averaging out of 10 (the minimum we can accept). It has become apparent that this is working due to the food and the social benefits this brings – ‘going out to lunch’ – but with the benefits of familiarity and safety within their own ‘community’. Other benefits include no issues with accessing suitable transport for those with limited movement.

We have also started a Rock and Roll Karoke which meets twice a month in ‘Parklands Diner’ the afternoon starts with an ice cream float followed by approx.. two hours of singing along to the likes of Elvis, Buddy Holly, Helen Shapiro etc. If you know of anyone who you think may benefit from our services please get them to contact us on 023 92597114.

##### Update on the Diabetic Support Group

It was agreed:

Derek would establish a small study group to trial a model that would integrate the diabetes services, provided by the Horndean Practice, with additional services from the PPG that could demonstrate the viability of long-term, sustainable, improved weight management, and reduction in visceral fat content, alongside the existing monitoring undertaken by the Practice

Patricia Fenton would be the nutritionist advising the study group. She holds a BSC degree in Dietetics and is a highly experienced dietitian, registered with the Health Care Professional Council (HCPC) and the British Dietetic Association (BDA).

As a first step, there would be a study definition meeting arranged with Dr Zaid Hirmiz, the Horndean Surgery Diabetes Lead, Patricia Fenton and Derek Tree. Communication with the study group member will be through a Facebook closed.

### AOB

Derek said that he had his knee treated at the Surgery with an iodine patch. When he needed another one he went to Morrisons to save the Surgery time. When he bought a box it cost him £14.86. There were 2 patches in the box so that was £7.43p each. The Surgery can buy these for £10.95 for a pack of 5. Although we are encouraged to go to the Pharmacy for items it does seem that it will cost a lot more.

Meeting finished at 7.30pm.

Next Meeting Wednesday 8<sup>th</sup> August 2018