

Action For Children: East Hants, Havant East, Havant West and Winchester Children's Centres

Area covered: Whole of Hampshire

We provide a range of parenting programmes for example to support behaviour strategies, routines, enabling parents to support their child's development, healthy cooking, healthy lifestyles. We also deliver a range of drop-in groups to reduce isolation and offer advice eg breastfeeding, weaning, play development etc. As well as group work we can offer 1:1 support in the family home. We link with a range of professionals who deliver their services from our Children's centres eg health visitors, midwifery, job centre plus, college.

WHO ARE OUR SERVICES FOR

We provide services for families from pregnancy until their child is 5 years old.

WHO CAN REFER TO OUR SERVICE

Self referral, GPs and Health Care Providers, Adult Services, Community Providers;

WE ARE OPEN

Monday to Friday, occasional evenings and weekends	Varies but generally 8.30 - 4.30pm weekdays
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	OUR CONTACT DETAILS:	THE BEST WAY TO CONTACT US IS BY:
Phone	023 92475101	Phone
Email:		Email
Sharps Copse & Park Futures, Starfish & Orchard and Trospacc Children's Centres	joanna.alesbury@actionforchildren.org.uk	Email
Links, Mill Hill & Crookhorn Lane and Branches Children's Centres	penny.bovey@actionforchildren.org.uk	
Happy valley, Merry Go Round and Little Petals Children's Centres	rebecca.reeve@actionforchildren.org.uk	
Heath, Hillside & Treetops and Chase Children's Centres	marina.stafford@actionforchildren.org.uk	
Website	www.actionforchildren.org.uk	Website

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